

Planned Menu Spreadsheet

Portion Values

Aug 12, 2021 thru Aug 31, 2021

Menu Name: IV Breakfast K-5 **Include Cost:** No
Site: 5 - Indian Valley Elementary School **Report Style:** Detailed

Thursday - 08/12/2021 Reimbursable Meal Total 455

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001589 Cereal Bar, Cinnamon Toast Cru	EACH	288	150	0.50	115	8	3.00	0.00	0	30.00	3.00	3.00	40	200.0	0.00	1.80
001576 Cereal Bar, Apple Fruit Filled	EACH	256	140	1.50	85	10	4.50	0.00	0	23.00	1.00	2.00	0	8.0	0.00	1.00
001515 Cheese, Mozz, String: 1oz	1 OZ	455	80	3.50	150	*N/A*	6.00	0.00	15	1.00	0.00	6.00	199	207.0	0.00	0.10
990001 Juice, Apple	CARTON	455	60	0.00	5	12	0.00	0.00	0	14.00	0.00	0.00	60	0.0	0.00	0.00
000998 Raisins, Individual Box	Box	250	137	0.00	6	31	0.00	0.00	0	33.07	2.28	1.14	0	22.8	0.00	0.00
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			501	4.66	419	*40	10.43	0.00	22	82.24	3.71	17.53	562	521.2	0.60	1.99
% of Calories				8.37%		*31.9%	18.7%	0.0%		65.7%		14.0%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Friday - 08/13/2021 Reimbursable Meal Total 455

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
900266 French Toast Minis, choc. chip	1 package	455	210	1.50	270	10	6.00	0.00	0	36.00	4.00	5.00	500	100.0	0.00	2.70

Planned Menu Spreadsheet

Portion Values

Aug 12, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
900319 Juice, Orange 4 oz.	4 oz.	455	60	0.00	0	12	0.00	0.00	0	14.00	0.00	0.00	353	700.0	30.00	0.12
000814 Apples, Fresh (HUSSC)	1/2 CUP	250	72	0.04	1	14	0.23	0.00	0	19.06	3.31	0.36	75	8.3	6.35	0.17
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			421	1.52	411	*30	6.13	0.00	7	77.61	5.82	13.08	1172	975.1	34.09	3.09
% of Calories				3.25%		*28.5%	13.1%	0.0%		73.7%		12.4%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Monday - 08/16/2021

Reimbursable Meal Total 455

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
900154 Breakfast, Sausage Sandwich	sandwich	455	204	2.00	464	4	7.00	0.00	50	23.00	1.00	9.00	0	1.0	0.00	11.00
000086 Oranges	1/2 CUP	250	65	0.04	0	13	0.30	0.00	0	16.27	3.38	0.99	317	60.6	63.45	0.13
990001 Juice, Apple	CARTON	455	60	0.00	5	12	0.00	0.00	0	14.00	0.00	0.00	60	0.0	0.00	0.00
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07
001427 MILK, FF CHOCOLATE	HALF PINT	350	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			423	2.02	625	*23	7.16	0.00	58	65.06	2.86	18.22	532	216.2	35.55	11.28
% of Calories				4.30%		*21.7%	15.2%	0.0%		61.5%		17.2%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Planned Menu Spreadsheet

Portion Values

Aug 12, 2021 thru Aug 31, 2021

Tuesday - 08/17/2021

Reimbursable Meal Total 455

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
900343 Muffin, Blueberry WG	each	455	160	0.50	125	13	5.00	0.00	20	26.00	1.00	2.00	65	20.0	0.00	0.72
001515 Cheese, Mozz, String: 1oz	1 OZ	455	80	3.50	150	*N/A*	6.00	0.00	15	1.00	0.00	6.00	199	207.0	0.00	0.10
990223 Raisins, Amazing Watermelon	each	250	110	0.00	10	22	0.00	0.00	0	25.00	2.00	1.00	0	22.0	0.00	0.72
900319 Juice, Orange 4 oz.	4 oz.	455	60	0.00	0	12	0.00	0.00	0	14.00	0.00	0.00	353	700.0	30.00	0.12
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			472	4.00	421	*37	11.00	0.00	42	71.87	2.10	16.43	895	1109.6	30.60	1.52
% of Calories				7.63%		*31.4%	21.0%	0.0%		60.9%		13.9%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Wednesday - 08/18/2021

Reimbursable Meal Total 455

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
900506 Yogurt, Go-Gurt, Strawberry	each	455	70	0.00	30	10	0.50	0.00	1	13.00	0.00	2.00	400	100.0	0.00	0.00
001454 Graham Cracker Snack, Honey	EACH	455	110	0.00	140	11	3.00	0.00	0	20.00	7.00	1.29	280	5.0	3.00	2.00
001425 Grapes, Fresh 1/2 cup	1/2 CUP	400	63	0.05	2	14	0.15	0.00	0	16.42	0.82	0.65	60	9.1	2.90	0.33
990001 Juice, Apple	CARTON	455	60	0.00	5	12	0.00	0.00	0	14.00	0.00	0.00	60	0.0	0.00	0.00

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Portion Values

Aug 12, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			407	0.04	317	*45	3.63	0.00	8	78.57	7.72	11.75	1071	283.5	6.16	2.47
% of Calories				0.09%		*44.2%	8.0%	0.0%		77.2%		11.5%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Thursday - 08/19/2021

Reimbursable Meal Total 455

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990227 Sunrise Stick	Each	455	168	3.00	299	1	7.00	0.00	21	16.00	2.00	9.00	104	156.0	3.00	1.00
900319 Juice, Orange 4 oz.	4 oz.	455	60	0.00	0	12	0.00	0.00	0	14.00	0.00	0.00	353	700.0	30.00	0.12
000814 Apples, Fresh (HUSSC)	1/2 CUP	250	72	0.04	1	14	0.23	0.00	0	19.06	3.31	0.36	75	8.3	6.35	0.17
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			379	3.02	440	*21	7.13	0.00	28	57.61	3.82	17.08	776	1031.1	37.09	1.39
% of Calories				7.17%		*22.2%	16.9%	0.0%		60.8%		18.0%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Friday - 08/20/2021

Reimbursable Meal Total 455

Planned Menu Spreadsheet

Portion Values

Aug 12, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001631 Strudel Stick, Apple	EACH	455	290	3.00	240	22	9.00	0.00	15	48.00	3.00	5.00	0	0.0	0.00	0.00
001515 Cheese, Mozz, String: 1oz	1 OZ	250	80	3.50	150	*N/A*	6.00	0.00	15	1.00	0.00	6.00	199	207.0	0.00	0.10
001085 Bananas	1/2 cup	250	67	0.08	1	9	0.25	0.00	0	17.13	1.95	0.82	48	3.8	6.52	0.20
990001 Juice, Apple	CARTON	455	60	0.00	5	12	0.00	0.00	0	14.00	0.00	0.00	60	0.0	0.00	0.00
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			542	4.97	468	*39	12.43	0.00	30	89.10	4.07	16.63	474	286.3	4.19	0.35
% of Calories				8.25%		*28.8%	20.6%	0.0%		65.8%		12.3%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Monday - 08/23/2021

Reimbursable Meal Total 455

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990228 Beef Sausage Cheese Mini Bagel	each	455	235	2.00	437	4	7.00	0.00	33	26.00	2.00	15.00	89	56.0	1.00	2.00
990001 Juice, Apple	CARTON	455	60	0.00	5	12	0.00	0.00	0	14.00	0.00	0.00	60	0.0	0.00	0.00
000086 Oranges	1/2 CUP	200	65	0.04	0	13	0.30	0.00	0	16.27	3.38	0.99	317	60.6	63.45	0.13
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07

Planned Menu Spreadsheet

Portion Values

Aug 12, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			435	2.02	582	*22	7.13	0.00	40	64.29	3.49	23.32	566	253.2	29.49	2.24
% of Calories				4.18%		*20.2%	14.8%	0.0%		59.1%		21.4%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Tuesday - 08/24/2021

Reimbursable Meal Total 455

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000918 Pancake/Sausage on a Stick	Serving	455	158	1.69	406	7	5.63	0.00	11	18.03	2.25	9.01	0	0.0	0.00	0.00
001005 Applesauce Cup	SERVING	250	81	0.00	12	*N/A*	0.00	0.00	0	24.24	2.31	0.00	0	0.0	27.70	0.42
900319 Juice, Orange 4 oz.	4 oz.	455	60	0.00	0	12	0.00	0.00	0	14.00	0.00	0.00	353	700.0	30.00	0.12
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			374	1.69	552	*19	5.63	0.00	18	62.48	3.52	16.90	631	870.5	45.82	0.53
% of Calories				4.07%		*20.3%	13.5%	0.0%		66.8%		18.1%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Wednesday - 08/25/2021

Reimbursable Meal Total 455

Planned Menu Spreadsheet

Portion Values

Aug 12, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990215 Donut Holes	3 pieces	455	140	3.50	150	3	8.00	0.00	0	15.00	1.00	2.00	6	6.9	0.00	0.40
001085 Bananas	1/2 cup	200	67	0.08	1	9	0.25	0.00	0	17.13	1.95	0.82	48	3.8	6.52	0.20
990001 Juice, Apple	CARTON	455	60	0.00	5	12	0.00	0.00	0	14.00	0.00	0.00	60	0.0	0.00	0.00
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			341	3.54	295	*19	8.11	0.00	7	53.67	1.86	10.24	365	179.1	3.47	0.67
% of Calories				9.34%		*22.3%	21.4%	0.0%		63.0%		12.0%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Thursday - 08/26/2021

Reimbursable Meal Total 455

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
900153 Breakfast, Egg and Cheese Sand	sandwich	455	162	2.53	283	4	7.09	0.00	71	19.24	2.02	6.08	304	81.0	9.11	1.09
000086 Oranges	1/2 CUP	200	65	0.04	0	13	0.30	0.00	0	16.27	3.38	0.99	317	60.6	63.45	0.13
990001 Juice, Apple	CARTON	455	60	0.00	5	12	0.00	0.00	0	14.00	0.00	0.00	60	0.0	0.00	0.00
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07

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Portion Values

Aug 12, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			362	2.55	429	*22	7.22	0.00	78	57.53	3.51	14.39	781	278.2	37.61	1.33
% of Calories				6.34%		*24.3%	18.0%	0.0%		63.6%		15.9%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Monday - 08/30/2021

Reimbursable Meal Total 455

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001804 NutriGrain Bar - SWP 2020	Each	455	160	0.50	130	14	4.00	0.00	0	30.00	3.00	2.00	750	200.0	0.00	1.80
001515 Cheese, Mozz, String: 1oz	1 OZ	455	80	3.50	150	*N/A*	6.00	0.00	15	1.00	0.00	6.00	199	207.0	0.00	0.10
000814 Apples, Fresh (HUSSC)	1/2 CUP	200	72	0.04	1	14	0.23	0.00	0	19.06	3.31	0.36	75	8.3	6.35	0.17
900319 Juice, Orange 4 oz.	4 oz.	455	60	0.00	0	12	0.00	0.00	0	14.00	0.00	0.00	353	700.0	30.00	0.12
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			443	4.02	421	*32	10.10	0.00	22	70.51	4.46	16.04	1613	1281.2	33.39	2.28
% of Calories				8.17%		*28.9%	20.5%	0.0%		63.7%		14.5%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

Tuesday - 08/31/2021

Reimbursable Meal Total 455

Planned Menu Spreadsheet

Portion Values

Aug 12, 2021 thru Aug 31, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990226 Grilled Cheese Sandwich	Each	455	280	5.00	580	5	9.00	0.00	31	30.00	3.00	18.00	523	465.0	0.00	1.00
990223 Raisins, Amazing Watermelon	each	250	110	0.00	10	22	0.00	0.00	0	25.00	2.00	1.00	0	22.0	0.00	0.72
990001 Juice, Apple	CARTON	455	60	0.00	5	12	0.00	0.00	0	14.00	0.00	0.00	60	0.0	0.00	0.00
001426 MILK, 1% FAT	HALF PINT	150	95	0.00	100	*N/A*	0.00	0.00	11	11.32	0.00	7.64	445	283.5	0.00	0.07
001427 MILK, FF CHOCOLATE	HALF PINT	305	120	0.00	160	*N/A*	0.00	0.00	5	20.00	0.00	8.00	196	115.0	0.90	0.24
Weighted Daily Average			512	5.00	731	*29	9.00	0.00	38	74.87	4.10	26.43	861	647.6	0.60	1.58
% of Calories				8.79%		*22.7%	15.8%	0.0%		58.5%		20.6%				
Weekly Nutrient Guideline			350 - 500	<10	540		<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	432	3	470	*29	8.08	0.00	31	69.65	3.93	16.77	792	610	22.97	2.36
% of Calories		6.25%		*26.9%	16.8%	0.0%		64.5%		15.5%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.