



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>3</b></p> <p>Dill Chicken Bites Blackeye Peas VEGGIE SALAD Rolls Choc. Chip Cookie Juice Chilled Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p style="text-align: right;"><b>4</b></p> <p>CRIISPITOS Pinto Beans Queso Cheese Sauce Fresh Fruit Baby Carrots Sauce, Taco PC Juice TRU MOO 1% TRU MOO CHOC MILK</p>	<p style="text-align: right;"><b>5</b></p> <p>Hamburger Tater Tots Juice Chilled Fruit Baby Carrots Dill Pickles Chocolate Grahams TRU MOO CHOC MILK TRU MOO 1%</p>	<p style="text-align: right;"><b>6</b></p> <p>Salisbury Steak&amp;Gravy Seasoned Green Beans Sweet Potatoes Biscuit Baby Carrots Assorted Dressings Juice Chilled Fruit TRU MOO CHOC MILK TRU MOO 1% Teddy Grahams, Honey</p>	<p style="text-align: right;"><b>7</b></p> <p>CHEESE PIZZA CRUNCHERS Seasoned Corn Romaine Lettuce Tomatoes Cucumbers Assorted Dressings Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK Choc. Chip Cookie</p>
<p style="text-align: right;"><b>10</b></p> <p>Corn Dog WG Baked Beans Tater Tots Baby Carrots TRU MOO CHOC MILK TRU MOO WHITE Assorted Fruit Juice</p>	<p style="text-align: right;"><b>11</b></p> <p>Chicken Quesadilla Black Beans Baby Carrots Sauce, Taco PC Juice Chilled Fruit Teddy Grahams, Honey TRU MOO CHOC MILK TRU MOO 1%</p>	<p style="text-align: right;"><b>12</b></p> <p>Chicken Fajita Pinto Beans Tortilla Shredded Cheese Romaine Lettuce Baby Carrots Jalapeno Peppers Juice Chilled Fruit Animal Crackers WG TRU MOO CHOC MILK TRU MOO WHITE</p>	<p style="text-align: right;"><b>13</b></p> <p>Scrambled Eggs Sausage Patty Hash Browns CHEESE TOAST Salsa Baby Carrots Assorted Dressings Juice Chilled Fruit TRU MOO 1% TRU MOO CHOC MILK Animal Crackers WG</p>	<p style="text-align: right;"><b>14</b></p> <p>PEPPERONI CALZONE Seasoned Corn Romaine Lettuce Tomatoes Cucumbers Assorted Dressings Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>
<p style="text-align: right;"><b>17</b></p> <p>Chicken Sandwich French Fries Romaine Lettuce Baby Carrots Tomatoes Chilled Fruit Juice TRU MOO 1% TRU MOO CHOC MILK Assorted Dressings</p>	<p style="text-align: right;"><b>18</b></p> <p>CHEESY ITALIAN BREAD Seasoned Green Beans Romaine Lettuce Tomatoes Cucumbers Assorted Dressings Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p style="text-align: right;"><b>19</b></p> <p>BURRITO WG Seasoned Corn Assorted Fruit Juice VEGGIE SALAD Baby Carrots TRU MOO CHOC MILK TRU MOO 1% Animal Crackers WG</p>	<p style="text-align: right;"><b>20</b></p> <p>Beef Nachos Tortilla Black Beans Chilled Fruit Lettuce, Chopped Jalapeno Peppers Black Olives Juice Sauce, Taco PC TRU MOO CHOC MILK TRU MOO WHITE Animal Crackers WG</p>	<p style="text-align: right;"><b>21</b></p> <p>Mexican Fiestada Pizza VEGGIE SALAD Seasoned Corn Baby Carrots TRU MOO CHOC MILK TRU MOO WHITE Assorted Fruit Juice</p>
<p style="text-align: right;"><b>24</b></p> <p>Chili Dog Tater Tots Fresh Fruit TRU MOO 1% TRU MOO CHOC MILK Cole Slaw Juice Baby Carrots</p>	<p style="text-align: right;"><b>25</b></p> <p>BBQ Pork Corn Nuggets Dill Pickles Juice Fresh Fruit Teddy Grahams TRU MOO CHOC MILK TRU MOO WHITE VEGGIE SALAD Baby Carrots</p>	<p style="text-align: right;"><b>26</b></p> <p>Cheese Stix Seasoned Green Beans Assorted Fruit TRU MOO CHOC MILK TRU MOO 1% Baby Carrots Juice Marinara Dipping Sauce</p>	<p style="text-align: right;"><b>27</b></p> <p>TURKEY CROISSANT Baked Nacho Chips VEGGIE SALAD Baby Carrots Juice Frozen Fruit TRU MOO CHOC MILK TRU MOO 1%</p>	<p style="text-align: right;"><b>28</b></p>

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items.

Sylacauga City Schools is a Provision 2 school and all students eat at no charge.