



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>3</b></p> <p>Cheese Stix Marinara Dipping Sauce Blackeye Peas Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK Celery Sticks</p>	<p style="text-align: right;"><b>4</b></p> <p>Nathan's Hot Dogs WG Baked Beans Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK Baby Carrots</p>	<p style="text-align: right;"><b>5</b></p> <p>Chicken Alfredo Seasoned Green Beans Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK SALAD BAR</p>	<p style="text-align: right;"><b>6</b></p> <p>Steak Fingers Mashed Potatoes English Peas Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK Sweet and Sour Sauce: Single</p>	<p style="text-align: right;"><b>7</b></p> <p>Baked Spaghetti Sweet Potato Souffle Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK SALAD BAR Banana Pudding</p>
<p style="text-align: right;"><b>10</b></p> <p>French Bread Pizza Seasoned Corn Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK FRESH VEGGIE DELIGHT</p>	<p style="text-align: right;"><b>11</b></p> <p>Chix Sandwich WG Potato Wedges Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK FRESH VEGGIE DELIGHT Dill Pickles</p>	<p style="text-align: right;"><b>12</b></p> <p>Chicken Casserole Seasoned Green Beans Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK SALAD BAR</p>	<p style="text-align: right;"><b>13</b></p> <p>Scrambled Eggs Sausage Patty Hash Browns Biscuit Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK SALAD BAR Jelly</p>	<p style="text-align: right;"><b>14</b></p> <p>Tatertot Casserole English Peas Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK Rolls SALAD BAR</p>
<p style="text-align: right;"><b>17</b></p> <p>Corn Dog WG Baked Beans Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK Celery Sticks</p>	<p style="text-align: right;"><b>18</b></p> <p>Hamburgers French Fries Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK FRESH VEGGIE DELIGHT Dill Pickles</p>	<p style="text-align: right;"><b>19</b></p> <p>Ckn Fajita Supreme Pinto Beans Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK FRESH VEGGIE DELIGHT</p>	<p style="text-align: right;"><b>20</b></p> <p>Hot Pocket WG Broccoli w/ Cheese Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK SALAD BAR</p>	<p style="text-align: right;"><b>21</b></p> <p>Beefy Mac Seasoned Corn Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK Celery Sticks</p>
<p style="text-align: right;"><b>24</b></p> <p>Taco Stick Pinto Beans Cheese Sauce Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK FRESH VEGGIE DELIGHT</p>	<p style="text-align: right;"><b>25</b></p> <p>Nathan's Hot Dogs WG Baked Beans Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK Baby Carrots</p>	<p style="text-align: right;"><b>26</b></p> <p>Chicken Bites WG English Peas Mashed Potatoes Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p style="text-align: right;"><b>27</b></p> <p>Ham&amp;Cheese Deli Baked Nacho Chips FRESH VEGGIE DELIGHT Celery Sticks Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p style="text-align: right;"><b>28</b></p>

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items.

Sylacauga City Schools is a Provision 2 school and all students eat at no charge.