

Sylacauga City Schools

007 - Pinecrest Elementary

Jan 2, 2019

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January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 1/7/2019 Chicken Nuggets Mashed Potatoes Green Beans Baby Carrots Ranch Dressing Assorted Fruit Breadstick Milk Variety	Tue - 1/8/2019 Cheese Stix Marinara Dipping Sauce Corn Baby Carrots Ranch Dressing Fruit Cup Milk Variety	Wed - 1/9/2019 Lasagna Rolls Romaine Lettuce Ranch Dressing Baby Carrots Green Beans Peaches Milk Variety Frosted Brownie	Thu - 1/10/2019 Fajita Wrap Romaine&Spring Salad Shredded Cheese Tomatoes Pinto Beans Salsa Assorted Fruit Milk Variety	Fri - 1/11/2019 Hot Dog Kraut Chili Sauce French Fries Baked Beans Assorted Fruit Milk Variety
Mon - 1/14/2019 Chicken Sandwich Romaine&Spring Salad Tomatoes Baked Beans Broccoli w/ Cheese Assorted Fruit Milk Variety	Tue - 1/15/2019 Hot Pocket Pinto Beans Romaine&Spring Salad Ranch Dressing Baby Carrots Fruit Cup Milk Variety	Wed - 1/16/2019 Tatertot Casserole Green Beans Ranch Dressing Baby Carrots Teddy Grahams Assorted Fruit Milk Variety	Thu - 1/17/2019 BBQ Chicken Turnip Greens Okra, Breaded, FZN 1/4 Cornbread Blackeyed Peas Assorted Fruit Milk Variety Sugar Cookie	Fri - 1/18/2019 Hamburger Romaine&Spring Salad Tomatoes Dill Pickles French Fries Assorted Fruit Milk Variety
Mon - 1/21/2019	Tue - 1/22/2019 Cheese Pizza Corn Celery Sticks Romaine&Spring Salad Ranch Dressing Assorted Fruit Milk Variety	Wed - 1/23/2019 Chicken Alfredo Romaine&Spring Salad Ranch Dressing Steamed Carrots English Peas Assorted Fruit Milk Variety Frosted Brownie	Thu - 1/24/2019 Beef Nachos w/ Chips Romaine&Spring Salad Okra, Breaded, FZN 1/2 Ranch Dressing Pinto Beans Chilled Fruit Milk Variety	Fri - 1/25/2019 Corn Dog Baked Beans Tater Tots Baby Carrots Ranch Dressing Assorted Fruit Milk Variety
Mon - 1/28/2019 Chicken Bites Sweet Potato Fries Romaine Lettuce Ranch Dressing Assorted Fruit Milk Variety Mini Rice Krispie Treats	Tue - 1/29/2019 Chili Potato Wedges Baby Carrots Ranch Dressing Grilled Cheese Sandwic Assorted Fruit Milk Variety	Wed - 1/30/2019 Teriyaki Chicken Brown Rice Romaine&Spring Salad Ranch Dressing Pinto Beans Sweet Potatoes Assorted Fruit Milk Variety Teddy Grahams	Thu - 1/31/2019 Scrambled Eggs Sausage Link Corn Nuggets Hash Browns Grits Biscuit Assorted Fruit Milk Variety Jelly	

Breakfast Prices: Reduced \$.30; Paid \$1.50; Staff \$2.00; Visitors \$2.50.

Lunch Prices: Reduced \$.40; Paid \$2.45; Staff \$3.15; Visitors \$4.50.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.