

Sylacauga City Schools

005 - Indian Valley Elementary

Apr 24, 2019

May Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		Wed - 5/1/2019 Chicken Casserole Assorted Fruit Roll Animal Crackers English Peas Baby Carrots Black Olives Yogurt Granola Milk Variety Ranch Individual Pac	Thu - 5/2/2019 Meatball sub Marinara Dipping Sa Italian Breadstick Assorted Fruit Broccoli w/ Cheese Romaine Lettuce Tomatoes Baby Carrots Black Olives Cinn Toast Crunch Lucky Charms Milk Variety Ranch Individual Pac	Fri - 5/3/2019 Chicken Nachos w/ Tortilla Chips Shredded Cheese Salsa Assorted Fruit Pinto Beans Romaine Lettuce Tomatoes PB&J Sandwich Cheez-It Crackers Corn Milk Variety Ranch Individual Pac
Mon - 5/6/2019 Sloppy Joe Assorted Fruit Cole Slaw Blackeye Peas Baby Carrots Black Olives Milk Variety Ranch Individual Pac PB&J Sandwich Cheez-It Crackers Corn	Tue - 5/7/2019 MACARONI AND C Cin/Sugar Breadstic Assorted Fruit Seasoned Green Be Baby Carrots Black Olives Cinn Toast Crunch Lucky Charms Milk Variety Ranch Individual Pac	Wed - 5/8/2019 Chicken Alfredo Assorted Fruit Assorted Crackers Italian Breadstick English Peas Romaine Lettuce Tomatoes Baby Carrots Black Olives Yogurt Granola Milk Variety Ranch Individual Pac	Thu - 5/9/2019 Spaghetti Assorted Fruit Garlic Cheese Brea Spinach Sliced Tomatoes Baby Carrots Cinn Toast Crunch Lucky Charms Milk Variety Ranch Individual Pac	Fri - 5/10/2019 Fajita Wrap Tortilla Chips Salsa Assorted Fruit Pinto Beans Romaine Lettuce Black Olives Tomatoes PB&J Sandwich Cheez-It Crackers Corn Milk Variety Ranch Individual Pac
Mon - 5/13/2019 Scrambled Eggs Sausage Link Orange Juice Hash Browns Oatmeal Grits Toast Black Olives Baby Carrots PB&J Sandwich Cheez-It Crackers Corn Milk Variety Syrup Ranch Individual Pac Jelly	Tue - 5/14/2019 Baked Chicken Assorted Fruit Roasted Potatoes Italian Breadstick Shredded Cheese Spinach Romaine Lettuce Sliced Tomatoes Baby Carrots Fresh Broccoli Black Olives Milk Variety Ranch Individual Pac Assorted Dressings Cinn Toast Crunch Lucky Charms	Wed - 5/15/2019 Tatertot Casserole Assorted Fruit Animal Crackers Roll English Peas Romaine Lettuce Tomatoes Baby Carrots Black Olives Yogurt Granola Milk Variety Ranch Individual Pac	Thu - 5/16/2019 Hamburger Cheeseburger Assorted Fruit Baked Beans Baby Carrots Black Olives Romaine Lettuce Tomatoes Cinn Toast Crunch Lucky Charms Milk Variety Ranch Individual Pac	Fri - 5/17/2019 Chicken Nachos w/ Tortilla Chips Shredded Cheese Salsa Assorted Fruit Pinto Beans Romaine Lettuce Tomatoes PB&J Sandwich Cheez-It Crackers Corn Milk Variety Ranch Individual Pac

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Mon - 5/20/2019 Sloppy Joe Assorted Fruit Cole Slaw Blackeye Peas Baby Carrots Black Olives Milk Variety Ranch Individual Pac PB&J Sandwich Cheez-It Crackers Corn	Tue - 5/21/2019 No 2nd Choice Tod Hamburger Tater Tots Assorted Fruit Pinto Beans Romaine Lettuce Spinach Tomatoes Ranch Individual Pac Milk Variety	Wed - 5/22/2019 No 2nd Choice Tod PB&J Sandwich Cheez-It Crackers Assorted Fruit Baby Carrots Celery Sticks Ranch Individual Pac Milk Variety		

Breakfast Prices: Reduced \$.30; Paid \$1.50; Staff \$2.00; Visitors \$2.50.

Lunch Prices: Reduced \$.40; Paid \$2.45; Staff \$3.15; Visitors \$4.50.

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