

Sylacauga City Schools

005 - Indian Valley Elementary

Jan 2, 2019

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January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 1/7/2019 Hot Dog Assorted Fruit Baked Beans Seasoned Corn Baby Carrots PB&J Sandwich Cheez-It Crackers Corn Milk Variety Ranch Individual Packs	Tue - 1/8/2019 Chicken Bites Assorted Fruit Roll Broccoli w/ Cheese Blackeye Peas Baby Carrots Black Olives Cinn Toast Crunch Cer Lucky Charms Milk Variety Ranch Individual Packs	Wed - 1/9/2019 BEEF SHEPHARD'S PI Mashed Potatoes Assorted Fruit Animal Crackers English Peas Romaine Lettuce Tomatoes Baby Carrots Black Olives Yogurt Granola Milk Variety Ranch Individual Packs	Thu - 1/10/2019 Cheese Pizza Pepperoni Pizza Sausage Pizza Assorted Fruit Seasoned Green Beans Baby Carrots Black Olives Cinn Toast Crunch Cer Lucky Charms Milk Variety Ranch Individual Packs	Fri - 1/11/2019 MEXICAN BURRITO Tortilla Chips Salsa Assorted Fruit Pinto Beans Romaine Lettuce Tomatoes PB&J Sandwich Cheez-It Crackers Corn Milk Variety Ranch Individual Packs
Mon - 1/14/2019 Scrambled Eggs Sausage Link Orange Juice Hash Browns Oatmeal Grits Toast Black Olives Baby Carrots PB&J Sandwich Cheez-It Crackers Corn Milk Variety Ranch Individual Packs	Tue - 1/15/2019 Chicken Tenders Hashbrown Casserole Assorted Fruit Cornbread Seasoned Green Beans Blackeye Peas Cinn Toast Crunch Cer Lucky Charms Milk Variety Ranch Individual Packs	Wed - 1/16/2019 Chicken Casserole Assorted Fruit Roll Animal Crackers English Peas Baby Carrots Black Olives Yogurt Granola Milk Variety Ranch Individual Packs	Thu - 1/17/2019 Grilled Chicken Sandwi Assorted Fruit Baked Sweet Potato Collard Greens Cinn Toast Crunch Cer Lucky Charms Milk Variety Ranch Individual Packs	Fri - 1/18/2019 Chicken Nachos w/ Chi Assorted Fruit Pinto Beans Salsa Baby Carrots Black Olives PB&J Sandwich Cheez-It Crackers Corn Milk Variety Ranch Individual Packs
Mon - 1/21/2019	Tue - 1/22/2019 Cheese Stix Marinara Dipping Sauce Assorted Fruit Broccoli w/ Cheese Romaine Lettuce Tomatoes Baby Carrots Black Olives Cinn Toast Crunch Cer Lucky Charms Milk Variety Ranch Individual Packs	Wed - 1/23/2019 Roasted Chicken Brown Rice Assorted Fruit Roll Animal Crackers English Peas Baby Carrots Black Olives Yogurt Granola Milk Variety Ranch Individual Packs	Thu - 1/24/2019 Hot Pocket Assorted Fruit Seasoned Green Beans Baby Carrots Black Olives Cinn Toast Crunch Cer Cereal, Fruit Loops Milk Variety Ranch Individual Packs	Fri - 1/25/2019 Chili Tortilla Chips Shredded Cheese Salsa Assorted Fruit Pinto Beans Romaine Lettuce Tomatoes PB&J Sandwich Cheez-It Crackers Corn Milk Variety Ranch Individual Packs
Mon - 1/28/2019 Chicken Bites Assorted Fruit Roll Broccoli w/ Cheese Blackeye Peas Baby Carrots Black Olives PB&J Sandwich Cheez-It Crackers Corn Milk Variety Ranch Individual Packs	Tue - 1/29/2019 Hamburger Cheeseburger Assorted Fruit Baked Beans Baby Carrots Black Olives Romaine Lettuce Tomatoes Cinn Toast Crunch Cer Lucky Charms Milk Variety Ranch Individual Packs	Wed - 1/30/2019 Tatertot Casserole Assorted Fruit Animal Crackers Italian Breadstick English Peas Romaine Lettuce Tomatoes Baby Carrots Black Olives Yogurt Granola Milk Variety Ranch Individual Packs	Thu - 1/31/2019 Cheese Pizza Pepperoni Pizza Sausage Pizza Assorted Fruit Seasoned Green Beans Baby Carrots Black Olives Cinn Toast Crunch Cer Lucky Charms Milk Variety Ranch Individual Packs	

Breakfast Prices: Reduced \$.30; Paid \$1.50; Staff \$2.00; Visitors \$2.50.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Lunch Prices: Reduced \$.40; Paid \$2.45; Staff \$3.15; Visitors \$4.50.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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