



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			5 Hot Pocket WG Potato Wedges BROCCOLI Baby Carrots Chilled Fruit Juice Ranch Dressing	6 Chicken Sandwich Romaine Lettuce Tomatoes Baby Carrots Juice Chilled Fruit	7 Corn Dog WG Baked Beans Cole Slaw Baby Carrots Chilled Fruit Juice	
9	10 Hot Pocket WG Potato Wedges BROCCOLI Baby Carrots Chilled Fruit Juice Ranch Dressing	11 Corn Dog WG Baked Beans Cole Slaw Baby Carrots Chilled Fruit Juice	12 Chicken Quesadilla Pinto Beans Baby Carrots VEGGIE SALAD Chilled Fruit Juice	13 Chicken Sandwich Romaine Lettuce Tomatoes Baby Carrots Juice Chilled Fruit	14 Cheese Stix Seasoned Corn Romaine Lettuce Tomatoes Chilled Fruit Juice Choc. Chip Cookie Marinara Dipping Sauce	15
16	17	18 Chili Dog Cole Slaw Baked Beans Baby Carrots Chilled Fruit Juice	19 Country Steak Ranch Beans Romaine Lettuce Chilled Fruit Juice Tomatoes Teddy Grahams, Honey	20 Hamburger Seasoned Corn Juice Romaine Lettuce Sliced Tomatoes Animal Crackers WG Chilled Fruit	21 Taco Stick Black Beans Romaine Lettuce Tomatoes Tortilla Chips WG Juice Chilled Fruit Steamed Baby Carrots	22
23	24 BURRITO WG Potato Wedges Lettuce, Chopped Tomatoes Black Olives Juice Chilled Fruit	25 Chicken Philly Sandwich Broccoli w/ Cheese Baby Carrots Juice Chilled Fruit	26 French Bread Pizza Seasoned Corn Seasoned Broccoli Baby Carrots Black Olives Chilled Fruit Juice	27 Chicken Nachos w/ Chips Pinto Beans Assorted Fruit Baby Carrots BROCCOLI Juice Teddy Grahams	28 Beef Slider Seasoned Broccoli Baked Nacho Chips Baby Carrots Fresh Fruit Juice Carnival Cookie	29
30	31 Corn Dog WG Green Beans Cole Slaw Baby Carrots Chilled Fruit Juice					

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items. Thanks to USDA waivers, student meals are offered this year at no charge!