



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---|---|---|--|----------|
| | | | 5 Hot Pocket WG Seasoned Broccoli Taco Stick Baby Lima Beans Grilled Cheese Sandwich French Fries Assorted Fruit | 6 | 7 | 8 |
| 9 | 10 CHEESE PIZZA CRUNCHERS Marinara Dipping Sauce Blackeye Peas Assorted Fruit | 11 Hamburgers Baked Beans Assorted Fruit FRESH VEGGIE DELIGHT Baked Nacho Chips | 12 Dill Chicken Bites English Peas Assorted Fruit Rolls FRESH VEGGIE DELIGHT | 13 Scrambled Eggs Sausage Link Hash Browns Southern Biscuits Juice FRESH VEGGIE DELIGHT | 14 Lasagna Rolls Seasoned Green Beans Assorted Fruit FRESH VEGGIE DELIGHT | 15 |
| 16 | 17 | 18 Chicken Sandwich French Fries Assorted Fruit FRESH VEGGIE DELIGHT | 19 Chicken Casserole English Peas Assorted Fruit FRESH VEGGIE DELIGHT | 20 Corn Dog WG Baked Beans Cole Slaw Assorted Fruit | 21 Beefy Mac Seasoned Corn Assorted Fruit FRESH VEGGIE DELIGHT | 22 |
| 23 | 24 Cheese Stix Marinara Dipping Sauce Blackeye Peas Assorted Fruit Celery Sticks | 25 Nathan's Hot Dogs WG Chili Sauce Tater Tots Assorted Fruit FRESH VEGGIE DELIGHT | 26 Chicken Nachos w/ Chips Pinto Beans Salsa Assorted Fruit FRESH VEGGIE DELIGHT | 27 Pepperoni Pizza Corn Nuggets Assorted Fruit FRESH VEGGIE DELIGHT | 28 Tatertot Casserole Seasoned Green Beans Assorted Fruit Animal Crackers WG FRESH VEGGIE DELIGHT | 29 |
| 30 | 31 Hot Pocket WG Glazed Carrots Assorted Fruit FRESH VEGGIE DELIGHT | | | | | |

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items. Thanks to USDA waivers, student meals are offered this year at no charge!