

Cheeseburger WG Cool Ranch Chips Apple Romaine Salad Sliced Tomatoes 27

BURRITO WG
Pinto Beans
Romaine Salad
Salsa
Oranges
Ranch Dressing

28

Pancake Scrambled Eggs Sausage Patty Hash Browns Sliced Tomatoes Oatmeal Orange Juice 29

Cheese Stix
Marinara Dipping Sauce
Bananas
Celery Sticks
Baby Carrots
Italian Breadstick
Ranch Dressing

30

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items. Thanks to USDA waivers, student meals are offered this year at no charge!