



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Muffin String Cheese Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>4</p> <p>Wild Mike's BK Pizza Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>5</p> <p>Frosted Cinnamon Roll Sausage Link Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>6</p> <p>French Toast Sticks Assorted Fruit Juice TRU MOO 1% TRU MOO CHOC MILK</p>	<p>7</p> <p>Sausage Patty Scrambled Eggs Biscuit Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK Jelly</p>
<p>10</p> <p>Poptart Go-Gurt Yogurt Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>11</p> <p>Breakfast on a Stick Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>12</p> <p>Pancakes Sausage Link Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>13</p> <p>Apple Strudel Assorted Fruit Juice TRU MOO 1% TRU MOO CHOC MILK</p>	<p>14</p> <p>Chicken Patty Biscuit Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK Jelly</p>
<p>17</p> <p>Muffin String Cheese Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>18</p> <p>Wild Mike's BK Pizza Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>19</p> <p>Frosted Cinnamon Roll Sausage Link Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>20</p> <p>French Toast Sticks Assorted Fruit Juice TRU MOO 1% TRU MOO CHOC MILK</p>	<p>21</p> <p>Sausage Patty Scrambled Eggs Biscuit Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK Jelly</p>
<p>24</p> <p>Poptart Go-Gurt Yogurt Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>25</p> <p>Breakfast on a Stick Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>26</p> <p>Pancakes Sausage Link Juice Assorted Fruit TRU MOO 1% TRU MOO CHOC MILK</p>	<p>27</p> <p>Cherry Strudel Stick Assorted Fruit Juice TRU MOO 1% TRU MOO CHOC MILK</p>	<p>28</p>

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items.

Sylacauga City Schools is a Provision 2 school and all students eat at no charge.