



Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>3</b></p> <p>Cinnamon Toast Crunch Soft Bar String Cheese Chilled Fruit Apple Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>4</b></p> <p>Poptart String Cheese Raisins Orange Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>5</b></p> <p>Cocoa Puff Soft Bar String Cheese Apple Orange Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>6</b></p> <p>Mini Cinnis String Cheese Chilled Fruit Apple Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>7</b></p> <p>Muffin Top Orange Juice String Cheese Chilled Fruit TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>
<p style="text-align: right;"><b>10</b></p> <p>Cinnamon Toast Crunch Soft Bar String Cheese Chilled Fruit Apple Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>11</b></p> <p>Poptart String Cheese Raisins Orange Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>12</b></p> <p>Cocoa Puff Soft Bar String Cheese Apple Orange Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>13</b></p> <p>Mini Cinnis String Cheese Chilled Fruit Apple Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>14</b></p> <p>Muffin Top Orange Juice String Cheese Chilled Fruit TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>
<p style="text-align: right;"><b>17</b></p> <p>Cinnamon Toast Crunch Soft Bar String Cheese Chilled Fruit Apple Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>18</b></p> <p>Poptart String Cheese Raisins Orange Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>19</b></p> <p>Cocoa Puff Soft Bar String Cheese Apple Orange Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>20</b></p> <p>Mini Cinnis String Cheese Chilled Fruit Apple Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>21</b></p> <p>Muffin Top Orange Juice String Cheese Chilled Fruit TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>
<p style="text-align: right;"><b>24</b></p> <p>Cinnamon Toast Crunch Soft Bar String Cheese Chilled Fruit Apple Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>25</b></p> <p>Poptart String Cheese Raisins Orange Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>26</b></p> <p>Cocoa Puff Soft Bar String Cheese Apple Orange Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>27</b></p> <p>Mini Cinnis String Cheese Chilled Fruit Apple Juice TRU MOO CHOC MILK TRU MOO 1% TRU MOO WHITE</p>	<p style="text-align: right;"><b>28</b></p>

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items.

Sylacauga City Schools is a Provision 2 school and all students eat at no charge.