

Sylacauga City Schools

March Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Fri - 3/1/2019 Breakfast Pizza Fruit Cocktail Juice Milk Variety
Mon - 3/4/2019 Biscuit Sausage Patty Juice Strawber Cup (commod Honey Nut Cheerios Chocolate Grahams Yogurt, Go-Gurt, Straw Milk Variety Jelly	Tue - 3/5/2019 French Toast Sticks Sausage Link Juice Syrup Assorted Fruit Honey Nut Cheerios Teddy Grahams, Honey Yogurt, Go-Gurt, Straw Milk Variety	Wed - 3/6/2019 Frosted Cinnamon Roll Sausage Link Trix Cereal Bar Chocolate Grahams Juice Assorted Fruit Oranges Milk Variety	Thu - 3/7/2019 Breakfast Bagel Juice CIN TOAST CRUNCH Teddy Grahams, Honey Assorted Fruit Milk Variety	Fri - 3/8/2019 Mini Berry Pancake Sausage Link Yogurt, Go-Gurt, Straw Chocolate Grahams Juice Assorted Fruit Milk Variety
Mon - 3/11/2019 Breakfast Sandwich Jelly Juice Assorted Fruit Trix Cereal Bar Teddy Grahams, Honey Yogurt, Go-Gurt, Straw Milk Variety	Tue - 3/12/2019 French Toast Sticks Sausage Link Juice Syrup Assorted Fruit Honey Nut Cheerios Teddy Grahams, Honey Yogurt, Go-Gurt, Straw Milk Variety	Wed - 3/13/2019 Waffle Sticks Sausage Link Syrup Juice Assorted Fruit Milk Variety	Thu - 3/14/2019 Mini Pancakes Sausage Link Syrup Juice Cinnamon Toast Crunch Chocolate Grahams Fresh Fruit Milk Variety	Fri - 3/15/2019 Breakfast on a Stick Honey Nut Cheerios Chocolate Grahams Yogurt, Go-Gurt, Straw Juice Assorted Fruit Milk Variety
Mon - 3/18/2019 Breakfast Pizza COCOA PUFF CEREAL Teddy Grahams Yogurt, Go-Gurt, Straw Fruit Cocktail Juice Milk Variety	Tue - 3/19/2019 Waffle Sticks Sausage Link Juice Assorted Fruit Oranges Honey Nut Cheerios Chocolate Grahams Yogurt, Go-Gurt, Straw Milk Variety Jelly	Wed - 3/20/2019 French Toast Sticks Sausage Link Juice Syrup Assorted Fruit Honey Nut Cheerios Teddy Grahams, Honey Yogurt, Go-Gurt, Straw Milk Variety	Thu - 3/21/2019 Frosted Cinnamon Roll Sausage Link Trix Cereal Bar Chocolate Grahams Juice Assorted Fruit Oranges Milk Variety	Fri - 3/22/2019 Biscuit Sausage, smoked rope Juice CIN TOAST CRUNCH Teddy Grahams, Honey Assorted Fruit Milk Variety

Breakfast Prices: Reduced \$.30; Paid \$1.50; Staff \$2.00; Visitors \$2.50.

Lunch Prices: Reduced \$.40; Paid \$2.45; Staff \$3.15; Visitors \$4.50.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.