



Monday	Tuesday	Wednesday	Thursday	Friday
		Frosted Cinnamon Roll Assorted Fruit Juice 1	Mini French Toast Juice Assorted Fruit 2	Trix Cereal Bar Go-Gurt Yogurt Juice Assorted Fruit 3
6	Poptart Go-Gurt Yogurt Juice Assorted Fruit 7	Mini Cinnis Juice Assorted Fruit 8	Pancakes Sausage Link Assorted Fruit Juice 9	Sausage Sandwich Juice Assorted Fruit 10
Blueberry Muffin String Cheese Juice Assorted Fruit 13	Mini Maple Pancake Juice Assorted Fruit 14	Breakfast on a Stick Juice Assorted Fruit 15	Mini Blueberry Waffles Juice Assorted Fruit 16	FRENCH TOAST BITES Assorted Fruit Juice 17
Wild Mike's BK Pizza Juice Assorted Fruit 20	Mini Berry Pancake Juice Assorted Fruit 21	Pancakes Sausage Link Juice Assorted Fruit 22	Cherry Strudel Stick Go-Gurt Yogurt Juice Assorted Fruit 23	Southern Biscuits Chicken Patty Assorted Fruit Juice 24
MINI BREAKFAST BITES Juice Assorted Fruit 27	Mini French Toast Juice Assorted Fruit 28	Frosted Cinnamon Roll Assorted Fruit Juice 29	Trix Cereal Bar Go-Gurt Yogurt Juice Assorted Fruit 30	

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items. Thanks to USDA waivers, student meals are offered this year at no charge!