



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cherry Strudel Stick Oranges Grape Juice
4 BREAKFAST COOKIE Juice Applesauce Cups	5 Cereal Yogurt Oranges Juice	6 Mini Cinnis Juice Bananas	7 Sausage Sandwich Apple Juice	8 MINI DONUTS HORCHATA YOGURT Raisins Juice
11 Blueberry Muffin APPLE CRISPS Juice	12 CEREAL BARS Yogurt Apple Juice	13 FRENCH TOAST BITES Applesauce Cups Orange Juice	14 GRAPE CRESCENT ROLLS Raisins Juice	15 Poptart Bananas Juice
18	19 Cereal Yogurt Oranges Juice	20 Breakfast on a Stick Juice Bananas	21 BREAKFAST COOKIE Apple Juice	22 Poptart Yogurt Raisins Juice
25 BREAKFAST COOKIE Applesauce Cups Juice	26 CEREAL BARS Yogurt Apple Juice	27 Mini Berry Pancake Bananas Juice	28 BLUEBERRY CRUNCH CEREAL Raisins Juice	29 Poptart Oranges Juice

Lunch provides meat/meat alternate, whole grain rich items, vegetables, fruit, and milk. Breakfast provides whole grain rich items, meat/meat alternate, fruit/vegetables, and milk. A variety of milk is offered for both meals. For lunch, students must choose at least three of the components offered, with one of those three including at least 1/2 cup of fruit or vegetables. Students may select all five items if they desire. For breakfast, students must select at least three items with one being at least 1/2 cup of fruit or vegetable, or they may select all items. Thanks to USDA waivers, student meals are offered this year at no charge!